

PROCLAMATION

Suicide Awareness Month September 2023

WHEREAS, suicide is often the result of an untreated mental health condition; and

WHEREAS, suicidal thoughts, much like mental health conditions, can affect anyone regardless of age, gender, or background; and

WHEREAS, more women than men attempt suicide, though men are nearly four times more likely to die by suicide; and

WHEREAS, suicide is the second leading cause of death among people aged 10 to 34 and the 10th leading cause of death overall in the United States; and

WHEREAS, for every youth suicide it is estimated that 100 to 200 others attempt suicide; and

WHEREAS, lesbian, gay, and bisexual youth are four times more likely to attempt suicide than straight youth, and transgender adults are nearly twelve times more likely to attempt suicide than the general population; and

WHEREAS, community members of Albany should have access to the resources they need to discuss suicide prevention and to seek help; and

WHEREAS, people experiencing a mental health crisis can reach the Suicide & Crisis Lifeline by dialing 9-8-8.


NOW, THEREFORE, I, Alexander D. Johnson II, Mayor of the City of Albany, do hereby proclaim September 2023, as

Suicide Awareness Month

in Albany, and I also call upon residents to shift their perception of mental health and spread hope and vital information to people affected by suicide and suicidal thoughts.



IN WITNESS WHEREOF, I have hereunto set my hand and caused the seal of the City of Albany to be affixed this 9th day of August 2023.


Alexander D. Johnson II, Mayor